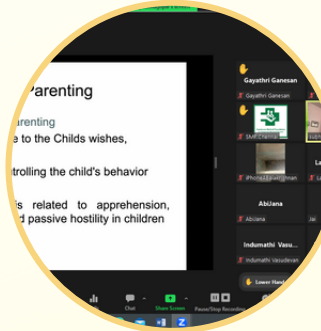


July 2023

COMMUNITY SERVICE DEPARTMENT



**First Aid training
program**



**STEP
Programme**



**Cancer Awareness
Programme**



Drug bank



Medical camp



**Nutrition
Project**



**Yoga Session
@SAP**



**CAN-NEST
Home**



MEDICAL CAMP

@PUZHAL

The community service department of Sundaram Medical Foundation has supported to the Rotary RID 3232 for, organised a free Mega multispeciality medical camp in Central Prison, Puzhal on 1st July 2023, from 9.00 Am to 1.00 Pm.

A total of 205 Prisoners were benefited by this Medical Camp.

Checkup: General screening were done.

Medical Team:

Dr.Sugani(General Medicine)

Dr.Lakshmi (General Medicine)

Ms.Swetha & Mr.Karthikeyan (Social workers)



FIRST AID TRAINING PROGRAMME

@ OPD Auditorium,SMF

The Community Service Department of Sundaram Medical Foundation and the Rotary 3232 Disaster Management Team joined together and conducted a First Aid Training Program on Thursday, July 22, 2023, from 9:00 a.m. to 1:00 p.m. at the Outpatient Department Auditorium, Sundaram Medical Foundation. A total of 30 members benefited from this session.

The spotlight persons for this session were Dr.Waseem & Dr.Monish from the ER Department, & Mr.Shivaneesh led the session.

At the end of the session, the beneficiaries expressed their feedback that the session was very interactive and practically oriented. Also, a few more beneficiaries reported that the session was fascinating and useful.



MEDICAL CAMP

@ SAP School



On July 4, 2023, from 10 a.m. to 1 p.m., the community service department of Sundaram Medical Foundation organized a free medical camp for the Adi Dravidar tribal primary and high school children at Thirumangalam.

A total of 127 students participated in the Medical Camp.

Checkup: HB, General screening & Oral screening were done.

Medical Team:

Dr.Ajith (Pediatrics)

Dr.Tanya (Pediatrics)

Dr.Silambarasan (Dental)

Ms.Tamil Thendral & Ms.Selvakumari (Nurse)

Ms.Selvam & Ms.Origanti (Volunteer)

Mr.Karthikeyan (Social worker)



MEDICAL CAMP

@ His/Her Place, T.Nagar

The Rotary Club of Madras, in association with the Sundaram Medical Foundation, organised a free medical camp conducted on 27 July 2023, 2.30 Pm to 6 Pm at his /her place T.Nagar.

Checkup: CBG,BP, General screening were done.

The 108 beneficiaries were benefited by this camp.

We dispensed medicine worth Rs. 3200/- to needy people.

Thank you to all the Rotarians who visited and supported the medical camp.

Medical Team:

Dr.Nishanth(Family Medicine)

Dr. Suganthi (General Medicine)

Ms.Sreedevi & Ms.Selvakumari (Nurse)

Ms.Selvam -Volunteer

Mr.karthick & Ms. Maya (Social Worker)



YOGA SESSION

SMF's Community Service Department conducted yoga sessions for children at SAP School, which concentrates on teaching younger children (10 to 15 yrs) about yoga practices. There were 158 children who participated in yoga sessions which improves student's well-being and gives them better clarity in their education.

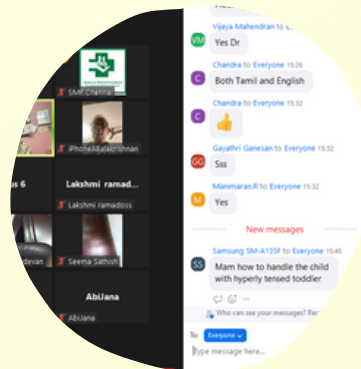
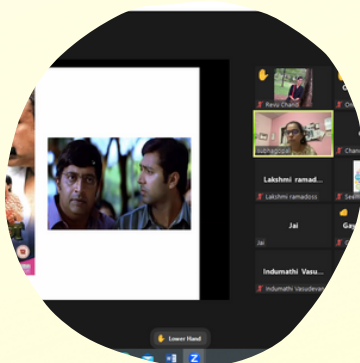
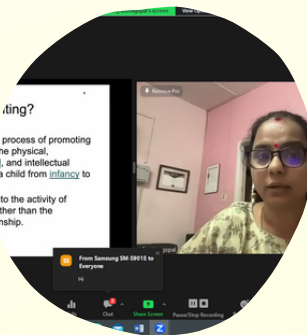


STEP PROGRAMME

A STEP (Support Therapy to Educate People) Programme was arranged for the people about "Parenting Style" on 25th July, 2023

In this program, the speech was delivered by Dr. Subhashini Psychologist, SMF.

Around 30 members were get involved in this program.



PLASTIC WASTE MANAGEMENT

The TNPCB has also been instructed to conduct awareness programs among students, including those attending professional colleges, about the harmful effects of plastic use on the environment and motivate them to avoid plastic, in coordination with the education department and the state legal services authority.

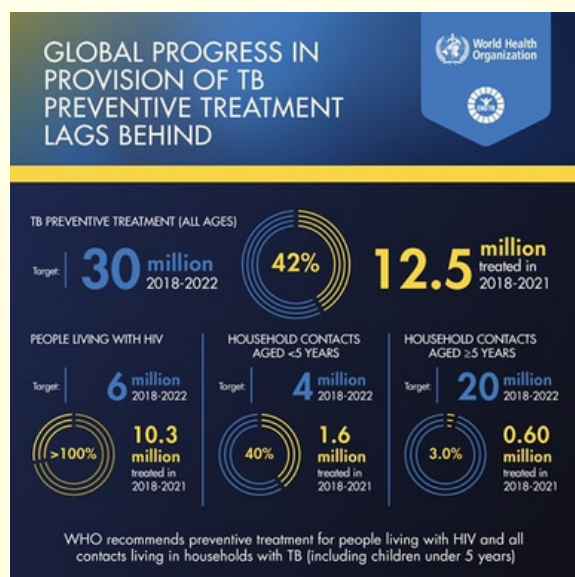


The Community Service Department has been working on the Plastic Zero Waste Management initiative for recycling plastic waste both on IP and OP buildings in association with the Bisleri CSR team.



A total of 92 kg of plastic waste was collected this month.

REACH FOUNDATION



For the month of July 2023,
25 people have utilized the
Tuberculosis Intervention Services.



BREAST CANCER AWARENESS PROGRAMME

@ANNA NAGAR

CANSTOP conducted a Breast Cancer Awareness program for the women at the Primary Health Centre, Anna Nagar, on July 18, 2023.

Around 35 women participated in the program.

A Guest of the program was Mrs. Vijaya Mahendran (a Canstop volunteer). She delivered a speech about a clear explanation of the self-examination of the Breast and clarified the women's doubts after the session.

Participants gave positive feedback about the session.



DRUG BANK

CANSTOP supported Baby Asmina, an 8-year-old, for a vaccine (Menactra) costing Rs. 3917/- and for Baby Akshaya, a 10-year-old, for an inactivated hepatitis A vaccine (Biovac A) costing Rs. 1025/-.



NUTRITION PROJECT

CANSTOP visits Institute of Obstetrics and Gynecology and Government hospital for Women (IOG) and the Institute of Child Health and Hospital (ICH) regularly to boost up their nutrition and regular counseling for the patients.

Tender Coconut of worth Rs. 14,550 was distributed at IOG.

Pediasure of worth RS. 4320 was distributed at ICH



ART & PLAY THERAPY

Regular Art & Play therapy sessions were conducted for the pediatric cancer patients and their family members at Institute of Child Health by providing various art & craft activities and fun games to keep them engaged in the hematology ward.



CANNEST HOME

Totally 256 families stayed at CANNEST Home in the month of July, 2023, where the children in the home are engaged through various activities and games with the help of volunteers and social workers.



HOPE CHEST

CANSTOP's Hopechest provides essential things for the cancer patients & their parents at IOG & ICH to lead their regular life as happily.

In the month of July 2023, a total of 5 families got help from the Hope Chest.



Join us and make your contributions to the cancer patients at Govt. Hospitals.



Sarees,	Toys,
Bedsheets,	Books,
Nighties,	Pillows,
Petticoats,	Tiffen Boxes,
Sandals,	Kettles,
Slippers,	Flasks,
Towels,	Water bottles,
Toiletries,	Kitchen utensils & appliances

Note: Make sure the items are in good condition



SPONSORSHIP DETAILS

Sponsorship details			
S.No	Sponsors	PROJECTS	AMOUNT
1	Mrs. Vijaya Mahendran	CANNEST	1000
2	Dayachand Malhotra	CANNEST	10000
3	Ms.Indumathy Vasudevan	CANNEST	5000
4	Mr.Rajan	CANNEST	2000
5	Mr.Nur	CANNEST	1000
6	Ms.Priyang Anandarajan	General	1000
Total			20,000

IN-KIND SPONSORS

In-Kind Sponsors			
S.No	Sponsors	Particulars	Worth in Rupees
1	Mr. T. K. Srinivasan	Vegetables	4,000
2	Chennai Food bank	Rice bag & Ragi	4,500
3	Ms.Darshana	Rice bag & Oil	4000
4	Ms.Geethanayaki	Adult diapers, Underpads, Wet Tissues	7310
5	Ms.Parvathy	Sugar, Rava, Jaggery, Poha	1200



VOLUNTEER'S CONTRIBUTION

The CANSTOP team gratefully acknowledges each and every volunteer for their time and commitment to all of the events.

Volunteers-Mrs.Origanti,Mrs.Selvam,Mrs.Indhumathy,Dr.Sendhil

HELP LINE SERVICE

Totally 34 calls were received in the CAN-STOP Help line number.

24 calls for STEP Program.

1 calls for Counseling

2 calls for Blood request at Government Hospital.

7 calls for ABC Program.



For your kind contribution:

CAN-STOP is eligible for 50% Tax
Exemptions under Section 80G of
Income Tax Act. Cheques can be
drawn in favour of CAN-STOP



For more information contact us through:

044-26284256 / +91-9941007688

Connect with us through:



www.canstop.org

